

**** Volunteers needed**

August 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31					1	2
10.30 Dominoes 11.30 Ball exercise 2.30 Carnival Royal Family					2.30 Samba band entertain us	
3	4	5	6	7	8	9
11.30 Ball Exercise 2.30 Creative Crafts**	11.30 Watercolour painting 2.30 Movie afternoon	10.30 Word games 3.30 Church service	10.30 Dominoes 11.30 Quiz 2.30 Ice cream sundae trolley	10.30 Uno 11.30 Seated exercise 2.30 Interactive games		
10	11	12	13	14	15	16
10.30 Dominoes 11.30 Ball Exercise 2.30 Cosmic sparkle	10.30 Hand & nail pamper 2.30 Interactive games	10.30 Uno 11.30 Word games 2.30 Puzzles	10.30 Dominoes 11.30 Quiz 2.30 Stitch & conversation**	10.30 Uno 11.30 Seated exercise 2.30 Interactive games		
17	18	19	20	21	22	23
10.30 Uno 11.30 Ball Exercise 2.30 Poetry on the patio	10.30 Dominoes 11.30 Word games 2.30 Carnival crafts**	10.30 Boggle 3.30 Church service	10.30 Dominoes 11.30 Quiz RESIDENTS FORUM 2.30 Arts & crafts	10.30 Uno 11.30 Seated exercise 2.30 Board games		
24	25	26	27	28	29	30
11.30 Ball exercise 2.30 Words in a word	11.30 Carnival crafts 2.30 Picture quiz	10.30 Word games 2.30 ANH Tea shop	11.30 Dominoes 11.30 Quiz 2.30 Sensory garden walks	10.30 Uno 11.30 Seated exercise 2.30 Board games		