


**\*\*Volunteers needed**

# July 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
		10.30 Word games  3.30 Church service	10.30 Dominoes 11.30 Quiz  2.30 Accordion players	10.30 Uno 11.30 Seated exercise  2.00 Interactive games		
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
10.30 Dominoes 11.30 Ball exercise  2.30 Colour & conversation	10.30 Uno 11.30 Word search  2.30 Knit & natter	10.30 Boggle  2.30 Puzzles	9.30 Barge trip  2.00 Movie afternoon	10.30 Uno 11.30 Seated exercise  3.00 Strawberries & cream with Wimbledon		
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
10.30 Uno 11.30 Ball exercise  2.30 Interactive games	10.30 Hand & nail pamper  2.30 Singing keeper	10.30 Jigsaws  PUB LUNCH 3.30 Church service	10.30 Dominoes 11.30 Quiz  2.00 Year 6 show songs	10.30 Uno 11.30 Seated exercise  2.30 Interactive games		
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
10.30 Dominoes 11.30 Ball exercise  2.30 Poetry recitals	10.30 Uno 11.30 Play your cards right 2.30 Flower arranging	10.30 Sensory garden walks  2.30 Singing therapy with Stacey	10.30 Dominoes 11.30 Quiz  2.30 Boggle	10.30 Uno 11.30 Seated exercise  2.30 Drumming workshop		
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>		
11.30 Ball exercise  2.30 The price is right	10.30 Words within a word  2.30 Coffee shop trip	10.30 Stitch & chat  3.30 Church service	10.30 Dominoes 11.30 Quiz  2.30 Mocktails tasting	10.30 Uno 11.30 Seated exercise  2.30 Clay crafts		