

Volunteers needed *

June 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
10.30 Uno 11.30 Ball exercise 2.30 Interactive games	10.30 Hand & nail pamper 2.30 Flower arranging*	10.30 Boggle 3.30 Church service	10.30 Dominoes 11.30 Quiz 2.30 Accordion players	10.30 Uno 11.30 Seated exercise 2.00 Interactive games		
8	9	10	11	12	13	14
10.30 Dominoes 11.30 Ball exercise 2.30 Reminiscing	10.30 Uno 11.30 Play your cards right 2.30 Arts & crafts*	10.30 Words in a word 2.30 Cider & cheese tasting	10.30 Dominoes 11.30 Quiz 2.30 Wild West theatre show*	10.30 Uno 11.30 Seated exercise 2.00 Interactive games*		
15	16	17	18	19	20	21
10.30 Uno 11.30 Ball exercise 2.30 Interactive games*	10.30 Hand & nail pamper 2.30 Word games	10.30 Colour & conversation 3.30 Church service	10.30 Dominoes 11.30 Quiz 2.30 Arts & crafts	10.30 Uno 11.30 Seated exercise 2.00 Interactive games*		
22	23	24	25	26	27	28
10.30 Dominoes 11.30 Ball exercise 2.30 Poetry with Deb	10.30 Uno 11.30 Word searches 2.30 Games on the patio*	10.30 Word games 2.30 Stitch & conversation*	10.30 Dominoes 11.30 Quiz PUB LUNCH* 2.30 Boggle	10.30 Uno 11.30 Seated exercise 2.00 Interactive games*		
29	30					
10.30 Uno 11.30 Ball exercise 2.30 Fresh air & conversation *	10.30 Hand & nail pamper 2.30 Interactive games*					