

Volunteers needed **

February 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
						
2	3	4	5	6	7	8
10.30 Dominoes 11.30 Ball exercise 2.30 Knit & natter**	10.30 Hand & nail pamper 2.30 Flower arranging	10.30 Word games 2.30 Tea & conversation 3.30 Church service	10.30 Dominoes 11.30 Quiz 2.30 Poetry recitals	10.30 Uno 11.30 Seated exercise 2.00 School children 3.00 Board games	2.30 Interactive games	
9	10	11	12	13	14	15
10.30 Dominoes 11.30 Ball exercise 2.30 Colour & conversation	10.30 Uno 11.30 Boggle 2.30 Arts & crafts	10.30 Clay modelling 2.30 Hot chocolate trolley	10.30 Dominoes 11.30 Quiz 2.00 Shopping trip	10.30 Baking club 2.00 School children 3.00 Reminiscing	2.30 Nicki entertains us	
16	17	18	19	20	21	22
10.30 Dominoes 11.30 Ball exercise 2.30 Knit & natter**	10.30 Hand & nail pamper 2.30 Interactive games	10.30 Uno 11.30 Word games 2.30 Tea & conversation 3.30 Church service	10.30 Dominoes 11.30 Quiz 2.30 Movie afternoon	10.30 Uno 11.30 Seated exercise 2.30 Accordion players	2.30 Tuck trolley	
23	24	25	26	27	28	
10.30 Uno 11.30 Ball exercise 2.30 Poetry with Deb	10.30 Dominoes 11.30 Word games 2.30 Jigsaws	10.30 Card making 2.30 Interactive games	10.30 Dominoes 11.30 Quiz 12.15 Men's pub lunch** 3.00 Tea & conversation	10.30 Baking club 2.30 Residents forum	2.30 St David's day treats	