

**** Volunteers needed****August 2025**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
				10.30 Jigsaws 11.30 Gentle exercise 2.30 Hand & nail pamper	2.30 Samba band entertains us	3.00 Aldbourne Band Proms
4	5	6	7	8	9	10
10.30 Dominoes 11.30 Ball exercise 2.30 Cosmic sparkle	10.30 Hand & nail pamper Bertie the dog 2.30 ANH cafe	10.30 Words in a word 11.30 Let's get moving 3pm Church service	10.30 Dominoes 11.30 Quiz 2.30 Accordion players – Helen & Nigel	10.30 Boggle 11.30 Gentle exercise 2.30 Interactive games **	2.30 Tuck shop	
11	12	13	14	15	16	17
10.30 Dominoes 11.30 Ball exercise 2.30 Hoy bingo **	10.30 Colour & conversation Bertie the dog 11.30 Fruit salad making 2.30 Creative arts **	10.30 Word games 11.30 Let's get moving 2.30 Afternoon of International flavour	10.30 Dominoes 11.30 Quiz 2.30 Nicki sings	10.30 Reminiscing 11.30 Gentle exercise 2.30 Hand & nail pamper	2.30 Vintage vehicle display **	2.30 Verity playing the cornet
18	19	20	21	22	23	24
10.30 Uno 11.30 Ball exercise 2.30 Poetry with Deb	10.30 Hand & nail pamper Bertie the dog 12.15 Gents Pub Lunch 4.00 Theatre show	10.30 Boggle 11.30 Let's get moving 3.00 Church	10.30 Dominoes 11.30 Quiz 2.30 Mocktails and movies	10.30 Jigsaws 11.30 Gentle exercise 2.30 The price is right	2.30 Just Jive entertain us	2.30 Verity playing the cornet
25	26	27	28	29	30	31
10.30 Jigsaws 11.30 Ball exercise 2.30 Button art	10.30 Uno Bertie the dog 11.30 Have you ever? 2.30 Sandwich making	10.30 Words in a word 11.30 Let's get moving 2.30 Tea & reminiscing	10.30 Dominoes 11.30 Quiz 2.30 Art with Gill	10.30 Coffee & conversation 11.30 Gentle exercise RESIDENTS FORUM 2.30 Carnival crafts **	2.30 Arts & crafts **	Verity playing the cornet